



BALLSBRIDGE

Ballsbridge has always had a love of drama and a sense of occasion. In 1907 The Irish International Exhibition was held on the scrub-land between the villages of Donnybrook and Ballsbridge not far from where the InterContinental now sits. Over 3 million people visited the fair. The exhibition showcased Irish industry and craft as well as a variety of exotic and global exhibits. Today Ballsbridge is still as vibrant as ever with the RDS taking the place of the Great Exhibition and showcasing many shows, exhibits and concerts, while The InterContinental Hotel offers a place where people come to relax, dine and mull over the days events in this historic location.



THE BRIDGE BETWEEN YOU & EVERYTHING
— RUMI





Please inform us of any special dietary requirements, including any food allergies or intolerances that we should be made aware of when preparing your menu request.

Should you require further information regarding the ingredients on the menu, please ask your server and we will be delighted to assist you.



VEGETARIAN



VEGAN

ALLERGEN GUIDE

Gluten (1), Dairy (2), Egg (3), Crustaceous (4), Fish (5),
Peanut (6), Soybean (7), Nuts (8), Celery (9), Mustard (10),
Sulphites (11), Sesame (12), Lupin (13), Shellfish (14)

GET CONNECTED Complimentary WiFi Available



EARLY RISERS 8:30 AM - 12:00 PM

SMOKED SALMON BAGEL 1,2,5,8,13

Sundried tomato pesto, capers and rocket salad.
€12.25

FRESHLY SLICED SEASONAL FRUIT 1,2,3,13

Served with banana bread and mango yoghurt.
€9.00

MIXED BERRY, APPLE & GRANOLA MUESLI

1,8
Low fat yoghurt, banana,
walnut and pomegranate essence.
€10.00

BACON & EGG ENGLISH MUFFIN 1,2,3,13

Tomato relish, cheddar cheese,
rocket salad.
€12.50

STACK OF PANCAKES 1,2,3,13

Buttermilk or blueberry served with
freshly whipped cream and maple syrup.
€9.50

SMOOTHIE OF THE DAY 2

Please ask your server for today's choice.
€6.50

SMART START 1,2,3,13

Toasted English muffin with avocado
poached egg and freshly squeezed orange juice.
€14.00

LIGHT START 2

Freshly sliced fruit with our smoothie of the day.
€13.50

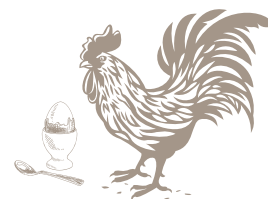
TO SHARE

Bakery basket with tea or coffee of your choice
2 People: two pastries per person €15.50
4 People: two pastries per person €24.00

SOMETHING WITH YOUR COFFEE?

1,2,3,7,13
Choose one item from our pastry selection
with your choice of tea or coffee.

Blueberry muffin • butter croissant
pain aux raisins • fruit danish • pain au chocolat
€8.00





CREAM TEA

1,2,3,13

Fruit scones with butter, clotted
cream, homemade strawberry
jam and your choice from our
tea & coffee selection.

€11.00



HOT BEVERAGES

SPECIALITY COFFEE

Cappuccino	€4.45
Caramel cappuccino	€4.75
Macchiato	€3.95
Chocolate macchiato	€4.75
Americano	€3.95
Espresso	€4.00
Double espresso	€3.95
Café latte	€4.45
Caramel latte	€4.45
Café mocha	€4.45
Hot chocolate	€4.75
Affogato	€5.50



With all the sights awaiting them inside the exhibition, visitors often needed a pick-me-up. Light refreshments of tea and cake were served at The Lipton Tea Pavilion. It was estimated over two million cups of tea were served at the exhibition.

TEAS

€4.75

MIGHTY LEAF IRISH BREAKFAST

A rich and robust tea traditionally blended with Kenyan and Assam black teas.

DECAFFEINATED

Irish breakfast tea.

HERBAL, GREEN AND WHITE TEAS

Please see our tea menu.





EXPRESS LUNCH

3 Course Lunch served within
15 minutes of ordering!

- SOUP/SALAD -

- MAIN COURSE -

- DESSERT -

€15.00

Your server will advise you
of today's Menu

MONDAY TO FRIDAY

11:30 until 15:00

The Irish Industries exhibit was a popular destination for visitors, showcasing some of the best Irish produce such as Denny Hams, Tyler Footwear, Jacob's Biscuits, Patterson Matches, Singer Sewing Machines and many more...





FAVOURITES

HEALTHY EATING

SPINACH AND BLUEBERRY 8, 11

Spinach leaves, avocado, orange segments, quinoa, blueberries, sunflower and pumpkin seeds, walnuts.

€12.00

CLEANSING SALAD

Watercress, OJ re-hydrated cranberries, crunchy young broccoli sprouts, fennel, cucumber and ginger dressing.

€13.00

ITALIAN MINISTRONE

Healthy vegetables served in a broth finished with basil pesto.

€11.00

SIGNATURE SANDWICHES

VEGETARIAN CLUB HOUSE SANDWICH

1, 2, 3, 8, 11, 13

Toasted multigrain bread, crushed avocado, baked falafel, sliced tomato crispy cos, Dubliner cheese, egg, skinny fries.

€16.00

LAMB & WATERFORD BLAA 1, 2, 13

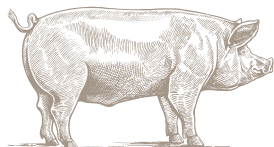
Sliced shoulder, aubergine and red onion relish, feta cheese, skinny fries, tzatziki.

€17.00

CHICKEN, BACON AND BRIE 1, 2, 13

Cranberry jam, cajun chicken, bacon, brie, ciabatta bread, skinny fries.

€15.00



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A LUDICROUS INCIDENT



On June 29th *The Irish Times* reported what was headlined as 'A Ludicrous Incident'. Students of Trinity College commandeered two boats after they descended the Canadian Water Chute and took over one of the islands on the pond. They were not successful however, as one boat overturned and the hapless buccaneers were left wet and a little embarrassed.